

Cheam LTC Junior Coaching Classes

We are a premier tennis provider in Surrey with over 16 years of experience, teaching from beginners to top nationally ranked juniors. We offer tennis classes starting at 3 years old and continuing to players at 18 years old. Whatever age or standard, we will have a group for your child. At Ace Coaching, we believe in our methods of quality over volume, and as a result, we endeavour to have a **maximum of four players per coach** in each hourly class. Whether you are a beginner, an expert, or somewhere in between, we want to make it possible for anyone to enjoy tennis!

Introducing a change to our junior coaching programme, now called <u>LTA Youth</u>.

Designed to adapt to each individual and grow as they do. The age ranges are broader than before as we operate on a "stage before age" approach, as every child is different. This is why the age ranges for the classes overlap. Don't know which class to book? Ask us!

Spring Term 2021

Our latest term-time classes are running from Monday 4th January to Saturday 27th March (Excluding Mon 15th – Sat 20th Feb). Junior Coaching Courses must be booked online at https://www.aceamit.co.uk/junior-coaching/ before commencing.

There are discounts available for multiple bookings. This could be a sibling or the first child taking a second lesson. Please enquire about this. Cancellation policy: If WET weather lessons are cancelled, lessons can be made up on alternative classes during the week. It is your responsibility to arrange this with the coach.

Players will be placed into one of the following groups for their sessions:

Starter: Players only playing once a week and still developing the basic fundamentals of the game; (serve, forehands, backhands, and volleys.). Looking to further improve their tennis.

Improver: Players committing to playing twice a week. Someone who can rally and serve consistently and is showing signs of being ready to play some matches and can start to introduce some basic tactical play, while also improving their technical fundamentals.

Academy: Invitational sessions for players who are committed to tennis and are playing three times a week. They are consistent, have good technical fundamentals and are starting to build tactical awareness. Looking to compete externally.

Blue (3-5yrs)

Wednesday	15.30-16.20	n/a	Please Enquire
Saturday	10.00-10.50	£109 (11 Weeks)	<u>Book Here</u>

Red Starter (5-8yrs)

Wednesday	16.30-17.30	£129 (11 Weeks)	Book Here
Saturday	09.00-10.00	£129 (11 Weeks)	<u>Book Here</u>

Red Improver (6-8yrs)

Wednesday	16.30-17.30	£129 (11 Weeks)	<u>Book Here</u>
Friday	16.30-17.30	£129 (11 Weeks)	<u>Book Here</u>
Saturday	09.00-10.00	£129 (11 Weeks)	Book Here

Orange Starter (8-9yrs)

Monday	16.30-17.30	£129 (11 Weeks)	<u>Book Here</u>
Wednesday	15.30-16.30	£129 (11 Weeks)	<u>Book Here</u>
Saturday	10.00-11.00	£129 (11 Weeks)	<u>Book Here</u>

Orange Improver (8-9yrs)

Monday	16.30-17.30	£129 (11 Weeks)	Book Here
Saturday	10.00-11.00	£129 (11 Weeks)	Book Here
Friday	16.30-17.30	£129 (11 Weeks)	Book Here

Green Starter (10-12yrs)

Monday	17.30-18.30	£129 (11 Weeks)	Book Here
Saturday	11.00-12.00	£129 (11 Weeks)	<u>Book Here</u>

Green Improver (10-12yrs)

Monday	17.30-18.30	£129 (11 Weeks)	<u>Book Here</u>
Saturday	11.00-12.00	£129 (11 Weeks)	<u>Book Here</u>

Yellow Starter (12-18yrs)

Wednesday	17.30-18.30	£129 (11 Weeks)	Book Here
Saturday	12.00-13.00	£129 (11 Weeks)	<u>Book Here</u>

Yellow Improver (12-18yrs)

Wednesday	17.30-18.30	£129 (11 Weeks)	Book Here
Friday	17.30-18.30	£129 (11 Weeks)	<u>Book Here</u>

For Academy & Squad Sessions please <u>click here</u>.

Cheam LTC Coaching Information

Junior Classes

- Please note there needs to be a minimum of four children per class for the course to run. If there are less than 4 players, you will be contacted about moving to an alternative day
- The term will consist of all the four parts, fundamental to tennis; physical, mental, technical, and tactical techniques to expedite your child's progress
- End of term feedback will be given, and the coach can progress a player up to a higher group
- Please note that appropriate tennis footwear is essential as we have new tennis courts. Football shoes, running trainers or astro turfs are not acceptable
- Tennis Rackets and Tennis shoes are available for purchase at special offers, please enquire
- To participate in any coaching sessions, you will need to be a <u>member of Cheam LTC</u>. Please email Joshua for any junior membership queries: **membership@cheamtennisclub.co.uk**

Coaching Team

- I have LTA qualified coaching assistants and together we will make the lessons structured and
 fun to prepare players to further increase their standard in an encouraging way. It will also make
 it easier to differentiate the standards within our lesson to make it challenging for all
 participants.
- All coaches at Ace Amit Coaching are fully qualified and have been DBS checked.

Missed Lessons

- Lessons missed due to absence cannot be used in alternative sessions during the week, unless arranged with the coach.
- Cancellation policy: If WET weather lessons are cancelled, lessons can be made up on alternative classes during the week
- Please like my Facebook page for regular information and weather updates: https://www.facebook.com/acecoachingtennis/

I look forward to seeing you all on the courts. Please do not hesitate to contact me if you have any queries or questions regarding the upcoming season at Cheam LTC.

Amit Mohindra, Cheam LTC Head Coach

Cheam LTC Junior Membership 2020/21

Junior membership is **required** if you are participating in junior term-time coaching (*Please ignore this if you have already renewed for the season*).

There are a range of benefits to becoming a junior member at Cheam LTC:

- Access to both the clay and artificial grass courts before 5pm on weekdays, Saturday morning and Sunday afternoon
- Chance to enter Wimbledon Championships ballet annually
- By joining Cheam Tennis Club, you will automatically become a member of Cheam Sports Club, which enables you to use the clubhouse and multi-screen bar.
- 10% discount on holiday camps at Cheam LTC
- Clearance racket and shoe deals available through Amit Mohindra
- You will be entitled to a 10% discount on goods purchased at Cheam Sports shop in Cheam village, on production of a valid Cheam Sports Club membership card.
- Entry into Summer junior tournaments at Cheam LTC

Junior Membership at Cheam LTC until June 2021

Mini (Under 9) £35 Junior (9-18 years) £59

*Prorated if you join midway through the season

Please visit www.cheamtennisclub.co.uk

There is no joining fee. There are no court fees. The club also offers family discounted rates (please contact membership@cheamtennisclub.co.uk). Cheam LTC would love to see more parents joining the club.

Please contact Joshua Marshall (Junior Coordinator at Cheam LTC) if you have any queries about junior membership at Cheam LTC. Email: joshuamarshall55@gmail.com

Cheam Lawn Tennis Club